

What should I already know?

- I am good at some things.
- People can be good at different things.
- How to share toys and take turns in a game.

Key Knowledge

- To know what I am good at.
- To know what other people are good at.
- To know the new skills I would like to develop.
- To know how I can listen well to other people.
- To know how I can work well in a group.
- To know why it is important to take turns.
- To know how I can negotiate to sort out disagreements.
- To know how my skills are useful in a group
- To be able to listen well to other people.
- To be able to work well in a group.
- To be able to take turns.

Character Muscles to be covered in the Spring term.

Resilience/bouncing back, Curiosity, imagination, good humour, creativity

Key Vocabulary and definitions

Strengths	Things that you are good at.
Happy	Feeling pleasure, being glad.
Sad	Feeling unhappy.
Frustrated	Feeling angry or upset because you cannot do something even when you keep trying.
Angry	Feeling cross or mad.
Bored	Feeling tired and unhappy because something is not interesting or because you have nothing to do or don't know what to do.
Proud	Feeling pleased with yourself or someone else because of something that has been done or something that someone has.
Good listener	Pay attention to the person talking - concentrating on what the other person is saying to you, thinking about what they are saying, remembering what has been said to you. Talking about what has been said to you.
Discuss	Talk about
Negotiate	Discuss something with someone and agree something (e.g agree what to do, what to say)
Compromise	An agreement reached by each side (or each person) changing or giving up some of their ideas or what they want.
Co-operate	To work together with another person or group of people.
Resilient	To bounce back after finding something difficult, not giving up.

Things to say to ourselves or others when trying to learn something new...

Well done, you are trying really hard, be resilient, keep going!

I can see that you are finding it tricky, but your brain is working hard and learning!

If something isn't working or you can't do it, can you change what you are doing and do it in a different way?

Remember you are getting better and better at this each time you try! Be proud of yourself!