

Day and Night

What should I already know?

- At night it is dark and people go to sleep.
- In the day time people are awake.

Key Knowledge

- To know that at **night time** it is **dark** and people go to **sleep**.
- To know that in the **day time** people are **awake**. Children go to school in the **day time**.
- The **morning** is when we wake up and the **evening** is when we go to sleep.
- During the Autumn and Winter, it stays **dark** for longer. There is less **daylight** time.
- At **night time** it is **dark** and we cannot see without any **light**. The **moon** and **stars** come out.
- In the **daytime** we can see because it is **light** outside.
- Some animals are **nocturnal** which means they are **asleep** during the **day** and are **awake** at **night**.
- **Nocturnal animals** can stay **awake** at **night** because they can see in the **dark**. **Owls** have large eyes to help them see in the **dark**.

Nocturnal animals



Owl



Fox



Bat

Key Vocabulary and definitions

Day	In the day time we are awake and we can see outside because it is light. We go to school.
Night	At night time we go to sleep. It is dark and it is hard to see outside without any light.
Nocturnal	Animals which are awake during the night time.
Moon	At night time the moon is in the sky. It is usually round or shaped like a banana.
Light	In the day it is light outside. We can also turn a light on when it is dark to help us to see.
Dark	At night time it is dark outside and we cannot see without any light.
Morning	When we wake up after sleeping during the night.
Evening	When we get ready for bed and go to sleep.
Awake	When we wake up after a sleep. People are awake in the day time.
Asleep	When we are sleeping.
Shadow	When light is on something in a darker place you can see its shape.

Moon and stars at night



Shadows

