

### What should I already know?

- How to skip, hop and crawl.
- How to follow rules in a game.
- How to catch and kick a balloon.

### Key Knowledge & Skills

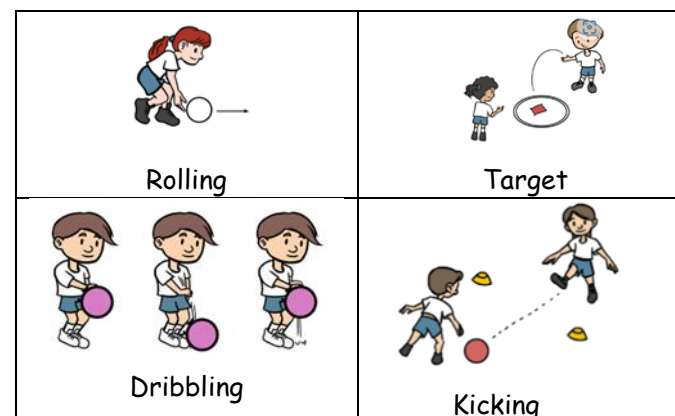
- To know how to negotiate space safely with consideration for others.
- To know how to roll a ball to a target.
- To know how to stop a ball with control.
- To know how to be accurate when throwing.
- To know how to dribble a ball with my feet.

### Key Vocabulary and definitions

Dribbling	To move a ball along using small bounces, kicks or pushes.
Target	An object or a mark which something is aimed at.
Gentle	Not strong, firm or hard.
Straight	Without a curve or a bend.
Aim	To point carefully with the hope of hitting something (target).
Light touch	Brushing something gently with your hands or feet.
Control	Guiding something towards a specific spot gently.
Direction	The way something or someone is moving.
Track	Watching a ball or other object carefully as it moves.
Space	An area free of anything else ready to move into.

This unit will develop the following skills:

- Social** work safely, collaboration, co-operation, support others
- Emotional** perseverance, independence, honesty
- Thinking** use tactics, comprehension



### Ladder Knowledge



#### Sending:

Children will learn to look at the target when sending a ball.

#### Catching:

Children will learn to have hands out ready to catch.

#### Tracking:

Children will learn to watch the ball as it comes towards them and scoop it up with two hands.

#### Dribbling:

Children will learn that keeping the ball close will help with control.