

Reception: Understanding the World: Science

Fruits and vegetables: What's in my basket?



What should I already know?

- Children will have experience of seeing and eating some fruits and vegetables.
- Children will know that eating fruits and vegetables are good for you.

Key Knowledge

Naming examples of fruit:







Plums





Pineapple

Strawberries

Naming examples of vegetables:



Apples



Onions

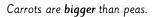




Broccoli

Peas

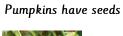
Describing and comparing different fruits and vegetables:



A banana is **heavier** than a plum

Peas are the **smallest** vegetable. A strawberry is **lighter** than an apple.

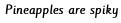






Apples are round and smooth







Strawberries are red and feel rough

Key Vocabulary and definitions

| Size | How big, small, large or little something is. |
|--|---|
| Spiky | Something that may not be easy to touch like the |
| | bristles on your tooth or hair brush or a hedgehog. |
| Smooth | Something that feels the same when you move your |
| | hand along it. Usually nice to touch like a table. |
| Rough | Something that is not smooth. |
| Light | Something that you can pick up easily. |
| Heavy | Something that is not light. |
| Seed | A plant grows from some seeds. |
| Additional key vocabulary linking to pictures. | |

Which container might be the best to carry different fruit and vegetables?



Plums, strawberries and peas because they are **small** and light.

Apples, pineapples, bananas, carrots and broccoli because they are larger and heavier.