

What should I already know?

- The clues my body gives when I am feeling unsafe or unsure.
- Who the trusted adults are I can ask for help.
- How to keep safe if I get lost.
- Basic road safety skills.

Key Knowledge

- To identify a range of familiar situations which may have some risk involved.
- To know what my name, address and phone number are and when might I need to give them.
- To know what an emergency is and who can help.
- To know what makes a place or activity safe for me.
- To know what the risks for me are if I am lost.
- To know how I can get help if I am lost.
- To know how I can help to stop simple accidents from happening and how I can help if there is an accident.
- To be able to keep myself safe as a pedestrian.

Key Vocabulary and definitions

Safe	Not being in danger of harm.
Safety	What we can do to protect ourselves from harm.
Risk	The possibility of something harmful happening.
Personal Information	What makes you, you – name, birthday, address, phone number, school etc.
Private	Keeping something to yourself and not sharing with anyone else.
Injury	Physical harm or damage caused to someone's body.
Emergency	A very serious event.

Safety Plan

Stand still, look and shout.

Don't rush around.

Where will you stand?



If you still aren't found, find a safe adult.

(e.g., shop assistant, dad with child, ice cream seller, mum with buggy)



If you still aren't found, find a safe building.

(e.g., shop, post office, cafe, hairdresser)

