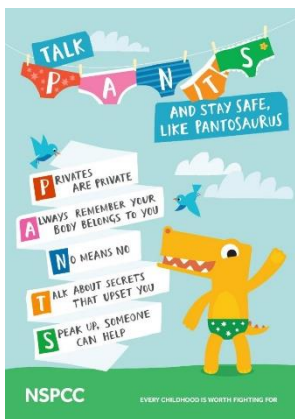


**What should I already know?**

- The clues my body gives when I am feeling unsafe or unsure.
- Who the trusted adults are I can ask for help.
- To know how to get help if I am lost
- To be able to keep myself safe as a pedestrian.

**Key Knowledge**

- To be able to identify different feelings and tell others how they feel.
- To be able to name my early warning signs and know when I am not feeling safe.
- To know who I can talk with if I have a worry or need to ask for help.
- To be able to identify the private parts of my body and say 'no' to unwanted touch.



I can say



no

**Key Vocabulary and definitions**

<b>Feeling</b>	How your body feels depending on the emotion you are experiencing.
<b>Emotion</b>	A strong and honest feeling in your body.
<b>Physical</b>	Relating to the parts of your body.
<b>Thought</b>	An operation of the brain about something we are doing.
<b>Behave</b>	The action of a person or animal.
<b>Early Warning Signs</b>	The feelings which show that something bad might be about to happen.
<b>Shared interests</b>	When two or more people like the same things.
<b>Network of support</b>	The people around us who can provide help and support and keep us safe.
<b>Trusted adults</b>	A person who we know is safe to share information with and will listen and keep us safe.
<b>Persistence</b>	Continuing to do something even if it is difficult.
<b>Resilience</b>	Bouncing back, recovering quickly from something that has gone wrong.
<b>Emergency</b>	A serious, unexpected situation which needs urgent action.
<b>Private</b>	Belonging to someone and not for anyone else.
<b>Uncomfortable</b>	Causing someone to feel awkward or uneasy.
<b>Permission</b>	Allowing someone to do something.
<b>Assertive</b>	Being confident and forceful.
<b>Secret</b>	To keep something to yourself and not tell anyone.